

Vegan Menu - November 21 - April 22

ONLY ITEMS ON THIS MENU TO BE FED					
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
November 1 November 22 December 13 January 17	Vegan spaghetti bolognaise	Vegetarian sausages, mashed potato (no milk) and gravy	Pasta with gusto tomato coulis	Vegan mince and potato pie	Quesadilla (no cheese) chips, tomato ketchup
February 7 March 7 March 28	Vegetable of the day	Vegetable of the day	Vegetable of the day	Roast potatoes, gravy, vegetable of the day	Vegetable of the day
	See desserts below	See desserts below	See desserts below	See desserts below	See desserts below
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
November 8 November 29 January 3 January 24 February 14 March 14 April 4	Sweet potato and lentil curry with brown and white rice	Vegetarian sausages, cous cous	Vegetable goujons	Vegan cottage pie, gravy	Vegetable goujons
	Vegetable of the day	Vegetable of the day	Crinkle cut wedges, Vegetable of the day	Vegetable of the day	Chips, tomato ketchup, Vegetable of the day
	See desserts below	See desserts below	See desserts below	See desserts below	See desserts below
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
November 15 December 6 January 10 January 31 February 28 March 21	Vegetable goujons, potato wedges	Tomato Pasta (no cheese)	Vegetable goujons with crinkle cut wedges	Vegetarian sausages	Vegetable bean burrito
	Vegetable of the day	Vegetable of the day	Vegetable of the day	...	Vegetable of the day
	See desserts below	See desserts below	See desserts below	See desserts below	See desserts below
Jacket Potato	Baked beans, vegetarian sausages				
Picnic option (may be available upon request)	Fletchers sliced bread or tortilla wrap with, salad (no mayo, coleslaw or potato salad) and dessert (see below)				
Items available daily	salad (no mayo, coleslaw or potato salad)				
Alternative desserts	Fresh fruit, fruit juice, jelly, shortbread biscuit, iced fruit smoothie				