



CURRICULUM PROVISION AT CALMORE INFANT SCHOOL

CURRICULUM AREA : PHYSICAL EDUCATION

Purpose of Study:

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. At Calmore Infant School our PE teaching equips children with the key essential abilities to maximise potential and long term participation. We create an environment where everyone feels a sense of belonging, and develop the key Fundamental Movement Skills (FMS) to access many sports and physical activities as they get older. Teaching styles do not focus on sport specific skills, instead encouraging creativity, cooperation and self-challenge and are based on a holistic approach which recognises the key abilities children need to be successful both within PE and Sport and across the curriculum.

We provide children with a range of sports and physical activities to challenge children to improve their personal fitness. These include real PE, football, sports day events, tennis, dance and gymnastics, taught during school or in an after school club. We believe sport is a fun way for children to grow both physically and socially.

Through the opportunity to participate in team games, inter school competitions and sports day children are encouraged to understand the importance of fairness, collaboration and communication. We have high expectations of what our pupils are capable of achieving and encourage children to participate in competitive sporting events arranged between local schools by our area school sports partnership.

In the Foundation Stage (Year R), the children learn how to control and coordinate themselves in large and small movements. They move confidently in a range of ways, safely negotiating space. The children will also learn the importance of good health, exercise, healthy diet and talk about ways to keep healthy and safe. We teach skills through a range of different mediums, for example, ABC scheme to develop the fundamental movement skills which include core balance and gross motor skills. This is delivered through the Real PE scheme of work, dance, gymnastics and tennis.

As the children enter Year 1 and 2, they develop further the fundamental movement skills by running, jumping, throwing and catching to develop balance, agility and coordination through games, gymnastics, tennis, football and dance. They engage in competitive and cooperative physical activities and are beginning to develop simple tactics to attack and defend.

National Curriculum Provision

Aims: The national curriculum for Physical Education aims to ensure that all pupils:

- develop competence to excel in a in a broad range of activities
- are physically active for a sustained period of time
- engage in competitive sports and activities
- lead healthy active lives



CURRICULUM PROVISION AT CALMORE INFANT SCHOOL



<p>Subject Content KS1 Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations</p>	
<p>Programmes of Study Year 1. Pupils will be taught about:</p>	<p>Taught through units of work on:</p>
<ul style="list-style-type: none"> • Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities • Participate in team games, developing simple tactics for attacking and defending • Perform dances using simple movement patterns 	Real PE Gymnastics Invasion Games- sending and receiving
	Real PE Tennis Football
	Athletics Sports Day Dance
<p>Programmes of Study Year 2. Pupils will be taught about:</p>	<p>Taught through units of work on:</p>
<ul style="list-style-type: none"> • Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities • Participate in team games, developing simple tactics for attacking and defending • Perform dances using simple movement patterns. 	Real PE Athletics Dance
	Multi skills Gymnastics Football
	Tennis Cricket Sports day